

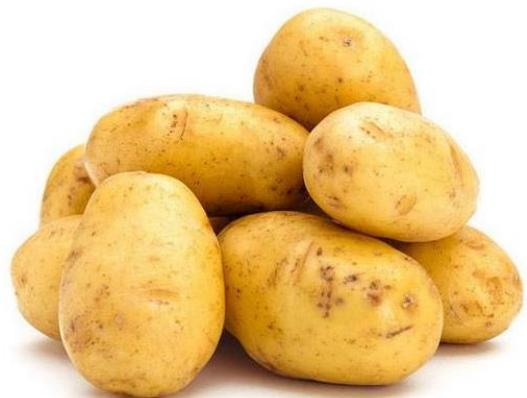
## 焗烤焦糖蘋果薯泥



### 製作方法

1. 蘋果去皮後切丁、馬鈴薯去皮後切小塊。
2. 蘋果加入奶油、糖攪拌後，放入電鍋中蒸熟；馬鈴薯放入電鍋中蒸熟。
3. 馬鈴薯壓成泥，加入蘋果丁、牛奶、鹽攪拌後，放入焗烤盤，撒上乳酪絲。
4. 烤箱預熱上火 220 度、下火 200 度，將焗烤盤放入烤箱烤 8 分鐘。  
(或預熱 150 度，烤 15 分鐘)

## 食材準備



## 工作流程

1



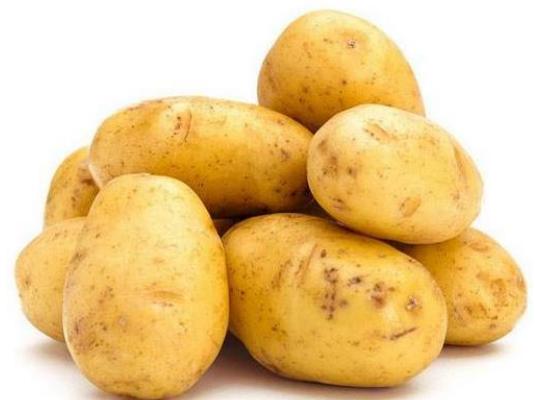
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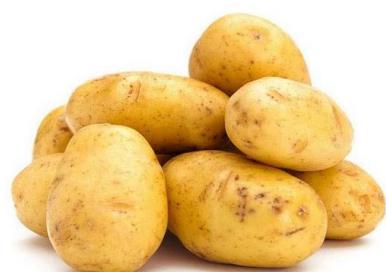
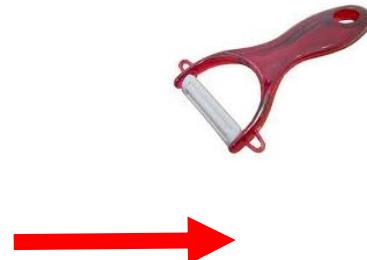
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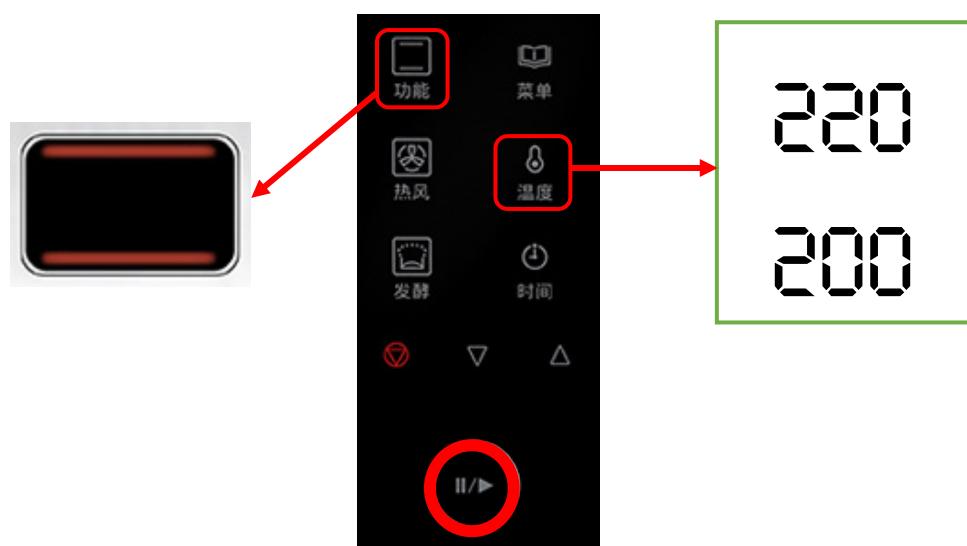
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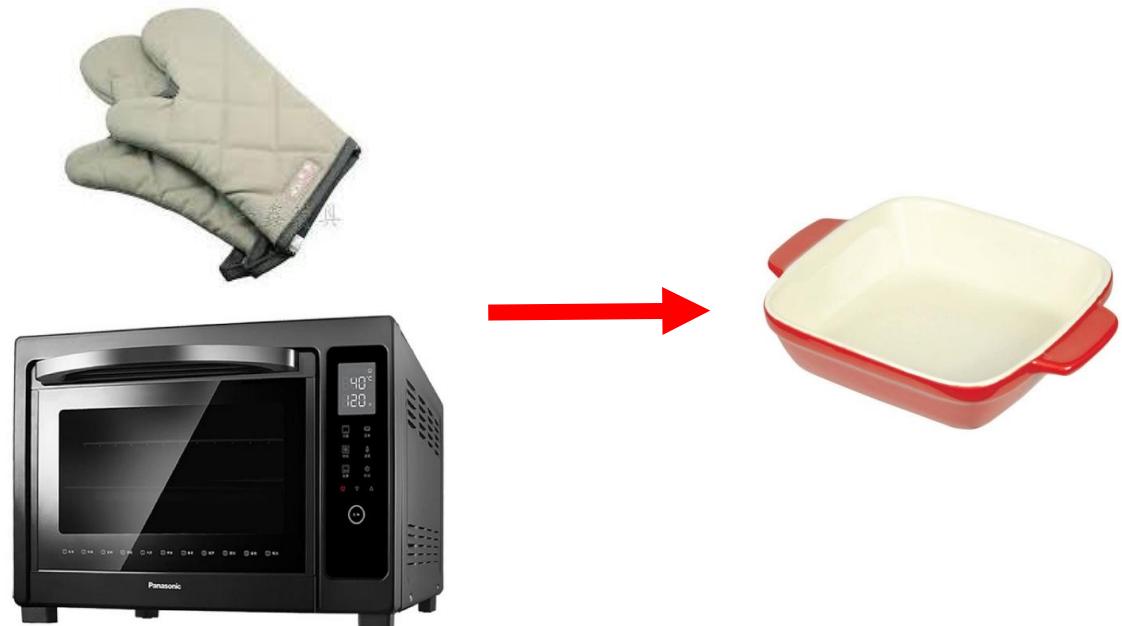
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**14**



**15**



**16**



~焗烤焦糖蘋果薯泥~

